

SAN JOSE DANCE THEATRE

1756 Junction Ave. Suite E, San Jose, CA 95112

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Academy Schedule - 2024/2025

Monday				Tuesday				Wednesday			
Studio 1	Studio 2	Studio 3	Studio 4	Studio 1	Studio 2	Studio 3	Studio 4	Studio 1	Studio 2	Studio 3	Studio 4
Creative Movement 4:00-4:45pm											
Pre-Ballet 4:45-5:30pm	Level 6 Ballet 4:30-6:00pm	Level 3 Ballet + Conditioning 4:15-5:45pm	Level 7 Ballet 4:30-6:00pm	Level 2 T/TH Ballet 4:30-5:30pm	Level 4 Ballet 4:15-5:30pm	Level 6 Modern 4:30-5:30pm	Level 3 Ballet 4:15-5:30pm		Level 2 W/F Ballet 4:15-5:15pm	Level 5 Ballet 4:30-6:00pm	Level 6/7 Conditioning 4:30-5:15pm
Level 1 Ballet 5:30-6:30pm	Level 6 Pointe 6:00-6:45pm	Level 4 Ballet 5:45-7:00pm	Level 7 Pointe 6:00-7:00pm	Level 4 Conditioning 5:30-6:15pm	Level 5 Ballet 5:30-7:00pm	Level 6 Ballet 5:30-7:00pm	Level 7 Modern 5:30-6:30pm		Level 6 Ballet (barre on pointe) 5:15-7:00pm	Level 5 Jazz 6:00-7:00pm	Level 7 Ballet on Pointe 5:15-7:00pm
	Open Teen Int. Ballet 7:00-8:30pm	Adult Int/Adv Ballet 7:00-8:30pm		Open Teen Beg. Ballet 6:15-7:45pm	Strength/Stretch 7:00-7:30pm		Level 7 Ballet 6:30-8:00pm		Adult Beg. Ballet 7:00-8:30pm		
Thursday				Friday				Saturday		Sunday	
Studio 1	Studio 2	Studio 3	Studio 4	Studio 1	Studio 2	Studio 3	Studio 4	Studio 1	Studio 2		Studio 4
	Level 2 T/TH Ballet 4:30-5:30pm	Level 4 Ballet 4:15-5:30pm	Level 7 Ballet 4:30-6:00pm	Pre-Ballet 4:15-5:00pm	Level 2 W/F Ballet 4:15-5:15pm			Creative Movement 9:00-9:45am	Pre-Ballet 9:00-9:45am		
	Level 4 Jazz 5:30-6:00pm			Level 1 Ballet 5:00-6:00pm	Level 3 Ballet 5:15-6:30pm	Level 5 Ballet 4:30-6:00pm	Level 7 Ballet + Pointe 4:30-6:30pm	Level 1 Ballet 9:45-10:45am	Level 5 Ballet 10-11:30am		
	Adult Intermediate Ballet 6:00-7:30pm	Level 6 Ballet 5:30-7:00pm	Level 7 Jazz 6:00-7:00pm	Level 5 Pre-Pointe/Conditioning 6:00-7:00pm		Adult Beg. Ballet 6:00-7:30pm	Adult Int/Adv Ballet 6:30-8:00pm				
			Level 6 Jazz 7:00-8:00pm								*Level 6/7 Ballet 11-12:30pm *Changes to Saturday in January