

Adult Intensive

July 28-Aug 1, 2025

Monday	Tuesday	Wednesday	Thursday	Friday
Studio 4	Studio 4	Studio 4	Studio 4	Studio 4
Strength & Stretch 6:00pm-6:30pm Brooke	Strength & Stretch 6:00pm-6:30pm Nicole K	Strength & Stretch 6:00pm-6:30pm Hollie	Strength & Stretch 6:00pm-6:30pm Rebecca	Ballet Technique 6:00pm-7:30pm Nicole H
Ballet Technique 6:30pm-8:00pm Brooke	Ballet Technique 6:30pm-8:00pm Nicole K	Ballet Technique 6:30pm-8:00pm Hollie	Ballet Technique 6:30pm-8:00pm Rebecca	
Ballet Repertory & Variations 8:00-9:00pm Brooke	Ballet Repertory & Variations 8:00-9:00pm Nicole K	Ballet Repertory & Variations 8:00-9:00pm Hollie	Ballet Repertory & Variations 8:00-9:00pm Rebecca	In-Studio Performance 8:30-9:00pm